



SUNSERVE INSTITUTE QUALITY CARE

For the Lesbian, Gay, Bisexual & Transgender Community

14th ANNUAL CONFERENCE FOR MENTAL HEALTH, NURSING and ADDICTION TREATMENT PROFESSIONALS

*In partnership with Schools of Education and Social work at
Barry University, Miami Shores, Florida, December 1, 2017*



*6 CEUs available for all Florida licensed mental health, nursing
and addictions treatment professionals*

SCHEDULE

8:30 am	Registration (Andreas III)
9:15 am	Welcome (Andreas III)
9:30 am	Session A (various rooms)
11:35 am	Lunch (Andreas III)
12:30 pm	Session B (various rooms)
2:30 pm	Break
2:40 pm	Session C (various rooms)



Conference Parking Lot
West Side of N. Miami Ave

ANDREAS HALL (room III)
East Side of N. Miami Ave

WORKSHOPS and SEMINARS

A series of highly interactive seminars and workshops with a focus on specialty treatment concerns within each segment of the LGBT community. Some are focused on foundational skills for providing care. Some are more 'advanced' with the LGBT experienced clinician in mind. Trainings have been prepared to address the needs of participants from different backgrounds and levels of experience working in the LGBT community.

	A WORKSHOP SERIES TIME SLOT 9:30 – 11:30	B WORKSHOP SERIES TIME SLOT 12:30 – 2:30	C WORKSHOP SERIES TIME SLOT 2:40 – 4:40
LGBT CARE FOUNDATIONS SERIES	A1 - BUILDING A WORKING ALLIANCE WITH LGBT CLIENTS	B1 – MEETING THE NEEDS OF LESBIAN, BI AND TRANS WOMEN	C1 – TEENS COMING OUT: A PRIMER ON CARING FOR LGBT YOUTH
TRANSGENDER CARE SERIES	A2 – TRANSGENDER CARE ESSENTIALS	B2 – CARING FOR GENDER NON-CONFORMING AND TRANSGENDER YOUTH	C2 – COMPLEX ISSUES IN TRANSGENDER CARE
TRAUMA	A3 – INTRODUCTION TO ADDRESSING TRAUMA WITH LGBTQ CLIENTS	B3 – TRAUMA INFORMED CARE FOR CLIENTS LIVING WITH HIV	C3 – TRAUMA IN THE POLITICAL CLIMATE
SEX	A4 – LET’S TALK ABOUT SEX: BASICS AND BOUNDARIES FOR THE COUNSELOR	B4 – HIV AND POST-APOCALYPTIC SEX	C3 – “SEXUAL OUTLAWS” AND HOW WE WORK WITH THEM
GROUP TRAINING (Florida Institute for Group Facilitation Series)	A5 - PRINCIPLES, PRACTICES AND FACILITATOR CHARACTERISTICS THAT FOSTER COHESION	B5 – DIVERSITY IN GROUP MEMBERSHIP: PRINCIPLES, PRACTICES AND FACILITATOR SKILLS	C5 – TRAUMA AND DRAMA: IMPACT OF TRAUMA AND USE OF SUBSTANCES ON GROUP PROCESS



REGISTRATION OPTIONS & COSTS: (registration costs include deli luncheon for each day)

- ✓ **Full conference day regular registration** **\$85**
- ✓ **Members of SunServe’s Therapist Collective:** **\$45**
- ✓ **Full time non-profit agency employees:** **\$45**
(when two or more register from the same agency)
- ✓ **Graduate students in a counseling, social work, nursing or psych** **\$20**

Cancellations: With written request sent to events@sunserve.org, full refund less \$10 available until 10 days before the training delivery date.

Continuing education credits for all workshops: LCSWs, LMHCs, LMFTs, CNAs, RNs, ARNPs: 1CEU per hour per individual workshop, Florida Board of Psychology (Exp. 5/31/2018), Florida Board of Clinical Social Work, Marriage & Family Therapy & Mental Health Counseling Provider (Exp. 3/2019) and Florida Board of Nursing Provider (Exp. 10/31/2018. CEBroker #50– 5251. Addictions Professional CEUs cannot be uploaded to CE Broker. Participants need to submit certificates of attendance on their own for credit

A1 - BUILDING A WORKING ALLIANCE WITH LGBT CLIENTS

Presenter: Gary Sullivan, LCSW

Many studies indicate that the therapeutic alliance is the best predictor of treatment outcome. Building that alliance with clients who identify as LGBTQ can present special challenges for the mental health professional. The clinician should be aware of the many health disparities among LGBTQ and the generally higher risk of disability, poor mental health, smoking, and substance use than among heterosexuals. Various strategies and techniques for building that rapport are presented along with dialogue commentary and video case vignettes. Tailored interventions are discussed to address the health disparities and unique mental health needs of LGBTQ. Major topics include: ethics principles, aspects of competence, nondiscrimination, trust, building, and the challenges of dual/multiple relationships. Some workshop time is devoted to a review of circumstances when a 'breach of confidentiality' may be necessary for mental health professionals in "Duty to Warn" scenarios. Relevant State Laws are reviewed.

- Understand why therapeutic alliance building is critical to the therapist/client dynamic
- Identify various strategies and techniques for rapport building with LGBTQ clients
- Explain how practitioners should avoid conflicts of interest that interfere with professional judgment
- Recognize the essential nature of informed consent between practitioner and client and the confidentiality requirements, especially when working with an organization.

A2 – TRANSGENDER CARE ESSENTIALS

Presenter: James Lopresti, PhD, LMHC

In this seminar we will focus on the role of the mental health professional in assisting clients who experience distress about gender identity and expression. We will examine the clinical assumptions about "Gender Dysphoria" in DSM 5. And we will critically reflect on the major standards of care documents for working with clients who are seeking some form of "transitioning" as that is understood by those who seek counseling.

- Understand the limitations of binary gender identity models (male v female) especially when addressing the needs of gender variant clients
- Identify and critically understand the basic roles and expectations for therapists in the WPATH Standards of Care, 7th Edition.
- Identify resources available for therapists working with gender variant clients as well as resources for their clients

A3 – INTRODUCTION TO ADDRESSING TRAUMA WITH LGBTQ CLIENTS

Presenter: Mark Smith, PhD, LCSW

Experiences of trauma significantly impact personal development across the life span. That is especially true for children and adolescents whose minds and personalities are vulnerable to initial imprinting. Trauma can take many forms, whether from direct experiences of abuse or neglect, or from being exposed to unsafe environments and behaviors, or from chronic shame inducing experiences of micro-aggression from parental figures, powerful institutional figures or social networks in home, school or playgrounds. Supposedly self-productive behaviors, including drug use, unsafe sexual behaviors and rigid personality schemas can have life-long negative impacts.

- Identify specific vulnerabilities to trauma common to LGBT persons
- Understand the layers of impact of chronic experiences of micro-aggression encounter by LGBT and questioning young persons
- Identify key strategies in the counseling room for attending to these experiences in the here and now

A4 – LET'S TALK ABOUT SEX: BASICS AND BOUNDARIES FOR THE COUNSELOR

Presenter: Ieshai T. Bailey, LMHC, CST

Florida statutes carefully delineate what is required for licensed clinicians who present themselves to the public as sex therapists. But all therapists need to be ready to attend to questions and concerns about sex, whether directly expressed by clients or embedded in the counseling issues they raise. This session addresses the legal and ethical practice of sex therapy, the basics of the sex therapy field and the clinical implications for practicing clinicians including assessments, appropriate referral, and boundary setting.

- Identify the legal and ethical practice of sex therapy as mandated by Florida Statutes.
- Understand a basic overview of the sex therapy field
- Understand the clinical implications of the practice of sex therapy

A5 - PRINCIPLES, PRACTICES AND FACILITATOR CHARACTERISTICS THAT FOSTER COHESION

Presenter: Kris Drumm, LCSW

Cohesion is to group working as the working alliance is to individual counseling. It is a necessary condition for groups to do their work and to progress in accomplishing the members' goals for being in a group. Fostering cohesion depends on a personal stance for group leaders; it means having eyes and ears attuned to what is happening between group members on many overt and covert levels of communication all at the same time. And, simultaneously, it means having the skills to use that awareness in ways that deepen connections and address barriers to connection.

Learning Outcomes: Participants in this session will be enabled to:

- Identify Skills that lead to the creation of cohesion in a group
- Identify factors and dynamics that impede group cohesion
- Understand the key characteristics of a group leader/ facilitator that foster cohesion

B1 – MEETING THE NEEDS OF LESBIAN, BISEXUAL, AND QUEER WOMEN

Presenters: Emily Cohen, MSW and panel

This session will focus on the unique needs and situations of queer women. Topics will include: Understanding women's sexual fluidity, coming out later in life, unique issues in same gender relationships between women, bisexual identities and dating, and issues of sex and intimacy

- Identify how experiences of sexual fluidity impact the counseling relationship
- Identify key distinctions toward understanding how sex/gender identity differences impact significant relationships

B2 – CARING FOR GENDER NON-CONFORMING AND TRANSGENDER YOUTH

Presenters: Marlana Staats, RSWI, Audra Mets, RMHI, and panel of transgender and gender non-conforming youth

Participants will gain greater knowledge of the needs of this special population and will become aware of the challenges faced by counselors and other professionals in helping younger clients progress through the stages of transgender identity development both inside and outside of a binary model of male v female. In a world of fast changing values, gender paradigms are no exception. The presenters will describe how a younger generation is experiencing and coping with "gender dysphoria." Session will include a discussion panel of transgender and gender non conforming youth.

- Understand gender differences in a spectrum as experienced by
- Identify key self-understandings appropriated by gender non-conforming young persons
- Identify the key challenges and workable strategies with gender non-conforming and transgender youth and their families.

B3 – TRAUMA INFORMED CARE FOR CLIENTS LIVING WITH HIV

Presenter: Maurianna Swanson, LMHC

The incidence of stress-related disorders, such as post-traumatic stress disorder (PTSD), is elevated among people living with HIV as compared to those living without the virus. Research indicates that individuals with HIV are more likely than the general population to have significant trauma histories and many individuals living with HIV report at least one severe traumatic stressor or meet DSM-5 criteria for Post-traumatic Stress Disorder. Trauma-informed Mental Health care is an approach to administering services in care that acknowledges traumas may have occurred or may be active in clients' lives, and that those traumas can manifest physically, mentally, and/or behaviorally.

- Identify the prevalence and impact of trauma on individuals living with HIV
- Understanding Trauma symptoms versus diagnosis and the impact on medical care
- Identify approaches to facilitate healing from past abuse and preventing re-victimization

B4 – HIV AND POST-APOCALYPTIC SEX

Presenter: TBD

In the earlier days of the pandemic, when a gay man received the diagnosis of being HIV positive, the specter of constant decline with death on the horizon had a devastating impact on whole communities. Sex became dangerous and the divide between those who are positive and those who are negative deepened. With the gradual improvement of medications to treat HIV, life expectancies lengthened for those with HIV and fear of the disease for those who are negative dramatically declined. With anti-retroviral medications leading to undetectable viral loads, the advent of preventive use of some of these medications and the gradual awareness that undetectable = "untransmittable," the conversation about sex in the gay community has undergone a significant shift

- Understand the key learnings from research on viral load and capacity to transmit the virus
- Understand the levels of impact on the gay community as views on sexual behaviors have evolved
- Identify important counseling strategies for gay men who are challenged by this shift in thinking about sex

B5 – DIVERSITY IN GROUP MEMBERSHIP: PRINCIPLES, PRACTICES AND FACILITATOR SKILLS

Presenter: Heidi LaPorte, DSW

Levels of diversity in group membership always set up challenges for group leaders. Certain issues arise for group leaders when members closely mirror each other in social-cultural and familial backgrounds, ages and life experiences as well as in communication styles. And other issues arise when there is great diversity in each of these domains of human experience. Successful group leaders know how to navigate their way through these complexities to elicit the best opportunities for members to acquire the best outcomes from being in a group

Learning Outcomes: Participants in this session will be enabled to:

- Understand principles of group composition for heterogeneous vs. homogenous groups
- Understand the benefits and challenges for each kind of group: heterogeneous and homogeneous.
- Identify skills for negotiating conflict between members who come from different populations, affinity groups, or sub-groupings (e.g. younger vs. older, male vs. female, straight v. gay, black v white, etc.)

C1 – TEENS COMING OUT: A PRIMER ON CARING FOR LGBT YOUTH

Presenters: Audra Mets, RMHCI; Marlana Staats, RCSWI

This highly interactive training will provide an opportunity for participants to hear first-hand from gay and lesbian youth about their experiences of coming to terms with their sexuality with family, friends, in schools and social settings.

- Understand the key psycho-social issues affecting the development of personal identity for youth who are questioning their sexual orientation, gender identity or gender expression.
- Understand the key elements in the process of development of a gay/lesbian identity
- Identify clinical strategies for assisting youth and families in coming to terms with questions about sexual orientation

C2 – COMPLEX ISSUES IN TRANSGENDER CARE

Presenters: Katharine Campbell, PhD, LCSW; Noemi Aguila-Marquez, LCSW; James Lopresti, PhD, LMHC

Clinical care for the transgender client can sometimes require creative approaches to solving complex presentations. Stressed and/or traumatized by so many intersecting experiences of stigmatization, hostility, rejection and aggressions, many trans and gender non-conforming clients develop complicated layers of survival, defense and self-preservation strategies on both conscious and subliminal levels that challenge clinicians' skills on many fronts. In this session, designed for the more experienced clinicians working with the transgender community, we will use a case study format to look at assessment, treatment planning/goal sequencing and intervention choices that experienced clinicians have found useful for clients with such complex needs. Participants in the training will be canvassed about their own clinical experiences with clients like these. Participants will be enabled to:

- Identify what is both useful and problematic in the defense structures that evolve in the life course history of the most troubled transgender and gender non conforming clients
- Understand key strategies for increasing the quality of assessment, goal setting and treatment planning for these clients
- Inventory the specialized interventions operationalized by participants in the case conference process

C3 – TRAUMA AND THE CURRENT POLITICAL CLIMATE

Presenters and Discussion Leaders: Lora Tucker, Manuel Tejada, PhD.

Counselors working in the LGBT community are aware how powerful the socio-cultural context has been, and continues to be, in affecting the emotional and inter-personal well-being of their clients. Experiences of discrimination, rejection, hostility and even violence or the fear/threat of violence have the ability to overshadow the already difficult tasks of navigating the emotional mine fields for persons with mental, emotional and relationship challenges. The professional associations for therapists often propose the value of clinicians becoming advocates on behalf of their clients to improve this troubled landscape and to enhance the outcomes of work in the counseling room. In this interactive session, participants will: Learn more about the specifics of changes in legal and administrative processes affecting LGBT persons; Consider what kind of advocacy roles are appropriate for therapists and engage in a "town hall" type session to strategize about these matters. participants will:

- Understand some of the potential impacts of the apparent roll-back of protections for LGBT persons in the national scene
- Identify areas of vulnerability for LGBT clients who might be most vulnerable in the current political atmosphere
- Develop a shared understanding about what kind of advocacy approaches are appropriate for therapists

C4 – "SEXUAL OUTLAWS" AND HOW WE WORK WITH THEM

Presenter: Richard Siegle, PhD, LMHC, CST-S, AASECT

Kink, BDSM, consensual non-monogamy and polyamorous relationships are just some examples of the kinds of sexual behaviors and relationships that fall outside the generally accepted norms of our inherited monogamous, heterosexually defined, cultural frame of reference. Yet more persons coming to our counseling rooms espouse such behaviors/relationships and they are challenging to the therapist who desires to build a working alliance but does not know how to converse about such experiences.

- Understand the language and experiences of "sexual outlaws."
- Identify what motivates these behaviors, i.e. how they are similar to other forms of sexual intimacy and how they differ
- Understand how the therapist can build an alliance with clients whose sexual experiences/behaviors may be so different from their own

C5 – TRAUMA AND DRAMA: IMPACT OF TRAUMA AND USE OF SUBSTANCES ON GROUP PROCESS

Presenter: Mark Smith, PhD, LCSW

Research evidence convincingly suggests that the neuro-biological processes that respond to intense stressors directly impact the "social" and interpersonal sectors of brain. As a result the impact that traumatic life experiences can have on attachments, social relationships, and overall life satisfaction can be quite profound. Additionally, many persons trapped in a pattern of addictive behaviors, have used substances as a means to escape, numb or deny the damage that trauma has done to them. Some treatment groups are designed to address these matters head on, but even those groups that are not about treatment of these disorders are affected by such histories in their members. Mandated groups, for example, are likely to have a larger proportion of persons who have been deeply hurt by trauma and least successful at dealing with its effects on their lives.

- Identify skills for group management when working with mandated clients
- Understand key factors for management of trauma-genic behaviors that can impact group members and group process
- Understand key factors for management of substance use issues that impact group members and group process

- - - - - ABOUT OUR PRESENTERS - - - - -

Each presenter in this conference is a clinician or community expert with extensive experience in addressing LGBT concerns

Noemi Aguila-Marquez, LCSW is a clinician in private practice in Miami and member of the SunServe Therapists' Collective. She has specialized training and experience in Preschool Trauma Therapy, Infant Mental Health, Gender and Sexuality, Adolescence, Foster Care, Adoption, Parenting Skills, Behavior Therapy, families dealing with immigration issues, and Developmental Training and Screening to local Day Cares. Specifically because of her experience working with transgender clients with special needs she is participating on the panel presenting that session.

Ieshai T. Bailey, LMHC, CST is a therapist in private practice in Wilton Manors, FL and a member of the SunServe Therapists' Collective. She specializes in serving the Transgender, LGB, and Alternative Sexuality Populations (Kink, BDSM, Poly Communities). As a Board Certified Sex Therapist, Board Certified Transgender Care Therapist, & Alternative Sexuality Affirming Therapist, she focuses on sexual, relational, and gender identity concerns.

David J. Brennan, RSW, PhD, is Ontario HIV Treatment Network Applied HIV Research Chair and Associate Professor Factor-Inwentash Faculty of Social Work University of Toronto. He is the author of "Examining Emerging Technology to Promote Optimal Wellness for Marginalized Gay and Bisexual Men."

Katharine Campbell, PhD, LCSW, Clinician and consultant in private practice, is the former Director of Clinical Services at SunServe, and serves as president of the Florida Chapter of the National Association of Social Workers. Her clinical background includes mental health care in hospital, hospice and community mental health service programs

Emily Cohen, MSW, Director of Women's Services at SunServe and an MSW graduate from Florida Atlantic University. Emily's undergraduate and graduate studies focused on women, gender, and sexuality, as well as substance abuse and recovery. Following that course, Emily focuses the Women's Services Department at SunServe on gender equity activism and direct health and wellness services and resources, both traditional and holistic. As a mom to a 7 year old, Emily enjoys music, art, and good food in her small amounts of free time!

Kris Drumm, LCSW, ACHT, former Group Program Coordinator at Sunserve, has over 25 years of experience of working with the LGBT community. Now in private practice at A Healing Space in Wilton Manors where she specializes in creating and facilitating transformative healing processes with individuals and groups, she has led treatment groups in various clinical in-patient and out-patient settings with special emphasis on LGBT care

Heidi LaPorte, DSW, is an Associate Professor at Barry University where she teaches in both the MSW and PhD programs. She has approximately 20 years of classroom experience in research, evaluation of clinical practice, data coding and analysis. She has authored and coauthored 28 articles in the areas of group work, social work practice and catastrophic events, HIV and sex education, domestic violence, social work in health care,

James Lopresti, Ph.D., LMHC, SunServe's Director of Clinical Education and Senior Clinical Supervisor, is a frequent presenter on gay and lesbian issues for professionals, and has taught at various graduate level programs including Barry University, Loyola University of Chicago and the Johns Hopkins University.

Audra Mets, MS, RMHCI, has served the LGBTQ community with SunServe for two years. Audra has worked with adolescents in the past at Eckerd Youth Alternatives and The Renfrew Center. She is also a co-faciliator of SunServe's Different Drummer Group

Mark Smith, PhD, LCSW, Associate Professor in Barry University's School of Social Work, co-leads the Florida Chapter of the International Association of Social Work with Groups (IASWG)

Richard (Ricky) Siegel, PhD, LMHC, CST-S, AASECT is the Director of Modern Sex Therapy Institutes, a postgraduate continuing education institute which trains sex therapists and sexual medicine specialists at multiple sites throughout the country. Dr. Siegel is a Florida-licensed mental health counselor and Board-certified sex therapist, and is certified by the American Association of Sexuality Educators, Counselors and Therapists (AASECT) as a sex therapist and supervisor.

Cindy Sterne, LCSW, MCAP, ICADC, Human Services Supervisor at the Broward Addiction Recovery Center (BARC), has over 20 years of clinical experience working with multi-various populations in a variety of settings. She is an adjunct professor with the FAU School of Social Work where she teaches courses such as Practice with Individuals, Practice with Families and Groups, and Issues in Counseling Women among others. She also serves on the Florida Certification Board's Behavioral Health Advisory Council

Marlana Staat, MSW, RSWI is a youth therapist in SunServe's Youth Department. Marlana has been working as a therapist with SunServe for the past 2 years. She has also previously worked with adolescence at PACE Center for Girls, as well as Catholic Charities Organization.

Maurianna Swanson, LMHC, MCAP, ICADC, staff therapist at SunServe providing individual counseling under the Ryan White Part A grant, and a clinician in private practice, is the former Mental Health Director at the Collier County Sheriff's Office. She has extensive experience with diverse populations in a variety of settings including corrections, crisis stabilization, and substance abuse.

Gary Sullivan, LCSW, currently a clinical supervisor at SunServe, has served in multiple clinical and executive leadership capacities in South Florida social service and mental health agencies

Manuel Tejeda, PhD, Past President of the Alliance for LGBTQ Youth, is the Executive Director of the Barry Institute for Community and Economic Development (BICED). He works with non-profit organizations and social entrepreneurs to strengthen their capacity in delivering services, advancing fiscal stability and promoting sustainable economic growth within communities.

Lora Tucker is the CEO of CenterLink, the national organization of LGBT community centers which is the voice for LGBT community centers in national grassroots organizing, coalition building and awareness-raising in order to strengthen and build a unified center movement. She is also an ACC Certified Leadership Coach.

Katy Yankie, LCSW, Director of Clinical Services at SunServe has over twenty years' experience in Florida and New Mexico in clinical for the LGBT community focusing not only on mental health issues, but also senior care and HIV case management services.

WORKSHOP SELECTION

Workshop rooms will be assigned to provide sufficient space in each workshop for all pre-registered participants. Please make your selection with that in mind. Your advance selection of a particular workshop, however, does not mean that you cannot change your mind and choose a different workshop at the Conference. But we do use the advance choice list to assist us in determining room assignments.

ADA ACCOMMODATION

We will make every reasonable attempt to accommodate special needs. Please communicate those needs directly to SunServe by e-mail to events@sunserve.org or by calling 954-764-5150 ext 106

CANCELLATIONS AND REFUNDS

Full cancellation less a \$10 processing fee is available through November 22, 2017

LIABILITY STATEMENT

The conference schedule is subject to change without notice. SunServe is not responsible for losses experienced due to schedule changes, weather or travel restrictions, loss or injury due to theft or negligence. Your registration indicates agreement with these terms.

CE CREDIT

SunServe uploads CE credit information to the Florida CEBroker website for psychologists, school psychologists, clinical social workers, mental health counselors, marriage and family therapists, ARNPs, RNs and LPNs. In order to receive CEs, participants must sign in at the beginning of each session and complete an evaluation form at the end of each session. Certificates will be distributed at the end of the session in exchange for a completed evaluation form. Partial credit is not available for any of these workshops.

Addictions Professionals, however, must submit their proof of attendance to the Florida Certification Board on their own.