



# SunServe Adult Support Groups

2312 Wilton Dr. Wilton Manors, FL 33305



## Wednesday

### **Safe T Transgender/Gender Variant Group**

- Every Wednesday 6:30pm to 8pm
- Drop-in support group for those who do not conform to gender stereotypes
- Limited to transgender, transsexual, and genderqueer persons only

Contact: Deepa Sonpar at 954-764-5150 ext. 159

### **Trans Men/Masculine Support Group**

- 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays 6:30pm to 8:00pm
- Topic discussions, building peer relationships, and sharing resources
- Limited to those designated female or intersex at birth but now identify on the spectrum as male
- Contact: 954-764-5150 ext. 112

## Thursdays

### **Gay Men's Empowerment Group**

- Every Thursday 7pm to 8:30pm at the Pride Center at Equality Park
- Drop-in support group designed around personal growth
- Contact: Josh Hernandez at 954-764-5150 ext. 153

### **Bereavement Group**

- Every Thursday at 1pm
- For those experiencing grief and loss
- Contact: Anne Atwell at 954-462-2004 ext. 208

## Fridays

### **Smart Recovery**

- Every Friday 7:00-8:15
- A voluntary self-help group that assists people in recovering from alcohol, drug use and other addictive behaviors.
- Teaches practical skills to help deal with problems enabling abstinence and achieving a healthy lifestyle balance.
- Contact: Gary Kasuda at (954) 484-7354

## Saturdays

### **LGBT Grandparents Group**

- 3<sup>rd</sup> Saturday 9:30am to 11am  
A support group for LGBT-identified grandparents to build peer connections
- Contact: Lisa Peters at 954-764-5150 ext. 103

### **SOFFA (Significant Others, Family, Friends, Allies of Transgender Loved Ones)**

- 2<sup>nd</sup> and 4<sup>th</sup> Saturdays 10am to 12pm
- A support group for those who know and/or love someone who identifies as trans\*
- Contact: Sarah Bartley at 954-764-5150 ext. 174

### **Ways to Success**

- 2<sup>nd</sup> Saturday 10am to 12pm
- An etiquette class for the Haitian population
- Contact: Yanick Bell at 954-764-5150 ext. 115

## Closed Groups

### **Different Drummer Family Group**

- A monthly group for transgender, gender variant, and gender non-conforming children ages 3-11 and their families
- Play therapy for the children and support group for the parents
- Every 1<sup>st</sup> Saturday of every month 10am
- Contact 954-764-5151 ext. 157 for more information
- 1480 SW 9<sup>th</sup> Ave Ft Lauderdale, FL 33315